



Thrive by Five Coordinating Council

Tuesday, March 24, 2020

Webex Meeting

4:00- 5:00 pm

Agenda

- 1) Reflections from Last Meeting
- 2) Thrive by Five DC Updates
- 3) Government Agency Updates
- 4) Additional Comments & Next Steps

Reflections from Last Meeting

Summary:

- At our January 22nd meeting, the Chair opened the meeting with a discussion around what “thrive” means to this body.
- Additionally, the Chair offered members four draft priority areas. Some members noted that the four things that the Council is charged with doing could serve as priority areas, while the proposed draft priority areas could function as guiding principles.

Reflections from Last Meeting

Members took time to independently answer the questions “What does ‘thrive’ mean to you?” and “How do you define ‘thrive’ in this work?”.

Some comments included:

- These definitions are missing equity.
- This list feels cold.
- These definitions don’t include happiness or joy.
- What does thrive mean objectively?
- Thrive should mean removing barriers.
- Families should be moving beyond surviving to get to thriving.
- Does this account for all that families need to thrive? (Maslow’s hierarchy of needs; safe environment, beyond violence)



Slide 10 from the [1.22.2020 Meeting Presentation](#)

Reflections from Last Meeting

Priority Areas

The Coordinating Council's priority areas are aligned with the four main tasks the body was charged with in the mayoral establishment order. They include:

1. Track and Report
2. Programmatic and Policy Recommendations
3. Coordination and Streamlining
4. Identifying Gaps and Opportunities

Guiding Principles

The following principles guide the Coordinating Council in its goals, strategies and types of work. Those principles include:

- Family & Community Partnership
- Program Evaluation & Continuous Improvement
- Systems Coordination & Collective Action
- Equity & Access

Reflections from Last Meeting

Are there any points of discussion from our last meeting that need to be raised?

What topics should we add to our parking lot for later?

Our Working Definition

Thrive

to live healthy, joyful lives in a safe environment, free of systemic barriers, regardless of identity

Also a need to incorporate:

Knowledge, access, and awareness of resources and supports

Question: What else is missing?

Systems Level Challenges & Opportunities

As we gain a better understanding of our current system and work to create better systems, our current public health crisis serves as an opportunity to re-evaluate systems' various impacts on residents.

With our focus on COVID-19 and our city's response:

What are the challenges we currently see?

Systemic gaps?

Opportunities?

Bright Spots?

Thrive by Five DC Updates

Toward the end of last year, we worked to develop key messages that resonate most with our target audiences. We were able to develop the following tagline, mission, and vision:

Tagline



READY. SET. GROW.

Mission

Thrive by Five's mission is to create the best possible start for DC children by connecting families and caregivers with a community of resources, education, and support that all children need to thrive by five.

Vision

We believe by working together across the District, we can connect families with the services and programs, resources and support designed to nurture the whole child and prepare them for lifelong success.

Thrive by Five DC Updates

With our newly developed tagline, mission, and vision, we were able to design outreach materials to expand Thrive by Five's visibility/brand awareness. Our outreach brochures and palm cards are available in:

- English
- Amharic
- Chinese
- French
- Korean
- Spanish
- Vietnamese

We Know

We know consistent coordination, partnership, and collaborative actions can ensure families feel the benefit of investments in health and education.

We Believe

Thrive by Five's work is shaped and guided by a belief in:

- Family & Community Partnership
- Program Evaluation & Continuous Improvement
- Systems Coordination & Collective Action
- Equity & Access

We believe by working together across the District, we can connect families with the services and programs, resources and support designed to nurture the whole child and prepare them for lifelong success.

"As we work to spread inclusive prosperity and ensure that all Washingtonians are benefiting from our city's growth, initiatives like Thrive by Five DC will put more families on a path to long-term success."

—Mayor Muriel Bowser

Launched by Mayor Muriel Bowser, Thrive by Five DC is the District's first comprehensive initiative focused on maternal and childhood health, child development and early learning. We partner with local and national stakeholders who are investing in health and education services for families to prepare all children for lifelong success.



Thrive by Five aims to streamline information gathering for District families and service providers with our online resource hub. Families, caregivers, and providers can navigate through resources sorted by health, early development, early care and education, and family supports.

Thrive by Five connects communities and supports thriving babies.

thrivebyfive.gov @thrivebyfiveDC

(202) 727-1750 thrivebyfive.dc.gov

THRIVE BY FIVE DC

GOVERNMENT OF THE DISTRICT OF COLUMBIA MURIEL BOWSER, MAYOR



THRIVE BY FIVE

thrivebyfive.dc.gov @thrivebyfiveDC

THRIVE BY FIVE DC

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Visit thrivebyfive.dc.gov to access these resources.

Thrive by Five DC Updates

Coronavirus/COVID-19 Updates & Resources

Resources For Families

[DCPS Coronavirus \(COVID-19\) Updates](#)

DC Public Schools is providing key updates for students, teachers, and families around coronavirus (also known as COVID-19). Visit their site for information on calendar changes, student and staff travel, distance learning, and meals for students. Reminder— free meals are being provided to ANY DC students at multiple locations around the city.

[DCPL Distance Learning Resources](#)

DC Public Library recognizes that many families are pursuing distance learning for the first time. While it can be an incredibly rewarding experience for families to learn together we know it can also feel overwhelming to find the right tools and resources that will help your student succeed. The library has a list of items to utilize while completing assignments.

[#FitDC](#)

- [#FITDC for Kids - Episode One](#)
- [#FITDC for Kids - Episode Two](#)
- [#FITDC for Kids - Episode Three](#)
- [#FITDC for Kids - Episode Four](#)
- [#FITDC for Kids - Episode Five](#)

[Scholastic Learning at Home](#)

Even when schools are closed, you can keep the learning going with these day-by-day projects to keep kids reading, thinking, and growing! Scholastic's learning journeys, broken up by grade level, are available on any device and can provide your child with up to three hours of learning experiences per day.

[PBS KIDS Daily](#)

PBS KIDS' weekday newsletter offers activities and tips you can use to help kids play and learn home.

[Tips for Home Learning](#)

[Greatschools.org](#) has a list of tips to help keep your child on track while distance learning.

In light of the coronavirus/COVID-19 epidemic, we have added a “Coronavirus” tab with information and resources for families and providers.

Families will be able to find information about

distance learning, activities for kids, and other online resources. Providers will be able to access guidance from OSSE on meals, closures, provision of early intervention services, and online resources.

As a reminder, please visit coronavirus.dc.gov for the most up to date information and details.

Thrive by Five DC Updates

Coronavirus & Maternal Health

Pregnant and worried about coronavirus (COVID-19)? While pregnancy does increase a woman's health risks, it is important to arm yourself with facts and helpful information.

Given the newness of COVID-19, medical professionals are still evaluating the impact of the disease on pregnant women. However, we do know standard practices that can help you keep yourself healthy and safe:

- Social distancing and significantly limiting or avoiding large gatherings or crowds. (This might mean finding innovative, virtual ways to celebrate this special time with family and friends.)
- Washing your hands multiple times a day with soap and water for at least 20 seconds. (An alcohol-based hand sanitizer may be used if soap and water are not available.)
- Avoiding touching your eyes, nose, and mouth with unwashed hands.
- Staying well-hydrated and getting lots of rest. (Drinking plenty of water and getting adequate rest help to maintain the health of your immune system for you and your baby.)
- Avoiding close contact with people who are sick.
- Staying home when feeling sick.
- Covering your cough or sneeze with a tissue and immediately discarding the tissue in the trash.
- Cleaning and disinfecting frequently touched objects and surfaces.
- Avoiding all unnecessary travel.

Other information to know:

[ites/.../Guidance for Pregnant Women COVID19%281%29.pdf](#) Infection to their fetus appears to be very low. Currently there is no evidence



Additionally, we've added a page specific to maternal health and what is currently known about the disease's impact on expectant moms.

As a reminder, please visit coronavirus.dc.gov for the most up to date information and details.

Relevant Updates

Department of Human Services

DHS remains open and will continue to support residents in need of assistance across the District during the period of modified operation. Modifications to DHS's Primary services are as follows:

Access to Emergency Shelter – All low-barrier shelters, family shelters, and shelters serving youth will remain open

- Starting Monday, March 16, low-barrier shelters will extend daytime hours through Wednesday, April 1.
- Families seeking access to homeless services should call the DC Shelter Hotline at (202) 399-7093 or 311 at any time of the day or night. The Virginia Williams Family Resource Center will be closed to the public for in-person interviews until Wednesday, April 1.
- Anyone in need of shelter can call the DC Shelter Hotline at (202) 399-7093 or 311 at any time of the day or night.

Drop-In Centers—

- Effective immediately, the Downtown Day Services Center and the Adams Place Day Center will be closed until Wednesday, April 1, to help mitigate the spread of COVID-19.
- Zoe's Doors Youth Drop-In center located at 900 Rhode Island Ave NE will remain open as well as the Sasha Bruce Youth Drop-In Center at 741 8th Street, SE.

Department of Human Services

Transportation: Transportation to emergency shelter is provided to anyone experiencing homelessness in the District. To request transportation, contact the Shelter Hotline at (202) 399-7093 or by calling 311.

Homeless Service Outreach: Outreach Workers are continuing to provide services to people experiencing homeless with a focus on welfare checks, connection to medical support, and providing life-saving supplies such as hand sanitizer, blankets, etc.

Eligibility for Public Benefits:

- Customers who receive Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Medicaid, Alliance, and other public benefits provided by DHS, **do not need to take any action at this time** to continue receiving existing benefits that would otherwise expire on March 31 or April 30. Those benefits will be automatically extended.
- For new applications for SNAP, TANF, Medicaid, Alliance or other public benefits, please go to dhs.dc.gov or visit our Service Centers to pick up a blank application.
- Applicants can drop off completed applications for benefits at DHS Service Centers and may be contacted by phone as necessary to complete the eligibility process.
- Residents with questions about their benefits should contact the Call Center at (202) 727-5355 from 7:30-4:45 pm.



Department of Human Services

Child Care:

- Childcare applications and documents can be dropped at the Congress Heights (4049 South Capitol Street, SW) or the Taylor Street (1207 Taylor Street, NW) Service Center(s). OSSE/DHS is accepting and processing new applications, however, eligible customers may not get their provider of choice, as some of the providers are temporarily closed in response to COVID-19.
- Staff will call customers for an interview.
- Re-certifications will be automatically processed and valid for 60-90 days.
- If a customer with a voucher is requesting a reassignment, that can be processed through the customer's selected childcare provider, an office visit is not necessary.

Administrative Hearings and Investigative Interviews: DHS will continue to hold administrative hearings and investigative interviews but will conduct these via telephone/video calls. Any court hearings will continue if court remains open.

Case Management: Case management services will continue to be provided across DHS programs by phone or video whenever possible.

EBT Cards: New cards will continue to be distributed through the existing locations at 1649 Good Hope Road, SE and 645 H Street, NE.





COVID-19 Updates for Early Childhood Community

March 24, 2020

District's Operating Status

- On Friday, March 20, Mayor Muriel Bowser extended the District of Columbia Government's **modified operating status through April 27**, including the adjusted DC Government operating posture and distance learning for the District's public schools. DC Public Schools (DCPS) facilities will remain closed and distance learning will take place through Friday, April 24. At this time, classes are scheduled to resume on Monday, April 27. The District's public charter schools are expected to follow the DCPS operating status.
- The Mayor also extended the prohibition on mass gatherings during a public health emergency until April 25, and announced that all DC Department of Parks and Recreation (DPR) recreation centers and playgrounds will be closed to the public.
- OSSE is operating on a **telework basis and staff remain online and available to support you.**



Child Development Facilities' Operating Status

- The decision on whether to remain open or closed is **ultimately up to each licensed child development center or home.**
- We know there are important considerations to weigh, including public health guidance and the needs of families.



Child Development Facilities' Operating Status

If you are open:

- We want to support you in maintaining the health and well-being of your children, families and staff. Please review the **health guidance document** carefully, as it outlines suggested processes to promote social distancing (by limiting group sizes, maintaining as much distance as possible, and staggering drop-off and pick-up times), screening for children before entering the space, and other key steps. These are not requirements of licensing but, rather, the best new guidance we have available today to support facilities that remain open.
- Additionally, as previously announced, **the District will continue to extend public payments regardless of attendance to all facilities, even those that stay open.**



Child Development Facilities' Operating Status

If you are closed:

- As previously shared, the District of Columbia will **continue to extend public payments to facilities that are closed during this public health emergency**. Our previously issued policy guidance on this topic will remain in effect until at least April 27, including how facilities should notify OSSE of closure status.
- We have also created a **template letter to families** as an optional tool to support you in communicating with your families—please note this is an optional resource, which you are welcome to use at your discretion (and edit and adapt), or not use at all.



Special Initiative to Support Child Care Needs of the Health Care Workforce

- During this pandemic, it's particularly critical that our health care professionals are able to focus on their jobs and maintain the capacity of hospitals and primary care providers.
- For this reason, we have **launched a special initiative** to support the child care needs of our health care workforce.
- By this week, we expect to **launch a number of locations** to support this particular need, in conjunction with several child care providers, and with the DC Hospital Association and DC Primary Care Providers Association.
- We expect to **expand to additional locations** in the coming weeks.
- Please contact Eva.Laguerre@dc.gov to learn more if you are interested in partnering with us in future rounds of this special initiative.



Meals and General Resources

- Please note that there are many schools across the District that are serving breakfast and lunch to all children age 18 and younger (regardless of whether or not the children are enrolled in a particular school); specific times and details may vary by site.
- You can find a full list of meal sites at <https://coronavirus.dc.gov/mealsites>. **This can be shared with your families regardless of your facility's operating status.**
- If you have specific questions regarding reimbursements under the Child and Adult Care Food Program (CACFP), please contact OSSE's Director of Nutrition Programs Lindsey Palmer, at Lindsey.Palmer@dc.gov or (202) 304-2153.
- Also, please visit **coronavirus.dc.gov** for ongoing news and resources.



Department of Health Care Finance

- DHCF is seeking approval from CMS to continue Medicaid coverage for all beneficiaries.
- AAP Guidance on Well-Child Visits and Screening
<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections>
- Telemedicine Updates from DC Medicaid
<https://dhcf.dc.gov/sites/default/files/dc/sites/dhcf/publication/attachments/Telemedicine%20Guidance%203.19.2020%20%281%29.pdf>

Department of Health Care Finance

This is a challenging time for us all, but our kids and families are resilient. As a community, we can support each other and help our kids feel safe and thrive.

Tips to Help Support Your Family:

- **Stay connected!** Talking to loved ones and friends helps to boost positive energy and reduce feelings of isolation.
- **Reach out to your child's school** to find information and tips on distance learning and plans if your child receives additional services at school including meals or therapeutic services.
- Kids thrive with **routines and consistency**. Create a daily family schedule and keep bedtime consistent.
- **Create a Family Happy List**. Take some time to do the things that bring you and your kids joy and comfort, such as reading, watching movies, listening to music, playing games, and exercising.

Community Benefits

- **Stay active!** Kids have put on some music.
 - National Health Law Program- [Resource guide](#)
 - [Comcast Free Access to Internet](#)
- **Provide a safe space** to not know all the:
 - Virginia Williams (Family Homeless Intake Center) is closed.
 - Families needing shelter must call 311 or 202-399-7093 for shelter intake.
 - DC Superior Courts are suspending most evictions and foreclosures, continuing most civil cases
 - Food Access Information
 - [Meal Locations for Children in DC](#)
 - [Emergency Food Access](#)
- **Give yourself small**
- Model **positive self-**

Community Mental Health Support

- **Recognize** that feel additional support f
- [Answering Your Child's Questions](#)
- [Talking to Children About COVID-19 \(Coronavirus\): A Parent Resource](#)
- [Talking to Kids about COVID-19](#)
- [COVID-19 FAQs for Kids](#)
- [Parenting In The Time Of Coronavirus: How To Balance Working From Home While Caring For Kids](#)
- [Manage Stress & Anxiety](#)
- [DC Behavioral Health Services](#)
- You can call your insurance company using the phone number on the back of your insurance card and ask your insurance company if they will cover telemedicine visits.

Online Learning

- [How can Khan Academy be used for remote learning during school closures?](#)
- [Supporting Students Away from School: Resources for Educators and Families Online Story](#)
- [Storyline Online](#)
- [Everyday Life Activities](#)
- [Online Museum World Tour](#)
- [Virtual Field Trips](#)
- [Scholastic Learn From Home](#)
- [At-Home Activity Guide](#)
- [How to Show Children Why Using Soap is Important](#)
- [Kid Activities to Encourage Creativity](#)
- [Teach Your Monster to Read-](#) Free online reading app

Children's National has created one-pagers with tips to support your family and resources and supports.

Not Sure What's Accurate & What Isn't?

Here is Where You Can Find Accurate Information:

- [Centers for Disease Control and Prevention](#)
- [World Health Organization](#)
- [DC Government](#)
- [Children's National Hospital](#)
- [American Academy of Pediatrics](#)

The ACCESS Helpline has added a "warm line" of clinicians who are available to discuss coronavirus-related concerns with District residents in addition to its usual services connecting families to care. Call the ACCESS Helpline: 1(888)7WE-HELP or 1-888-793-4357

Ways to Help Your Community

Donate or Volunteer
Reach out to us at info@ecin.org if you need more information or ideas.

Information is available in Thrive by Five Coordinating Council meeting materials folder.

Department of Parks and Recreation

- DPR facilities will be closed through Sunday, April 26, 2020.
- DPR HQ staff is teleworking and still able to answer inquiries for all things DPR. Below is guidance that included in the Mayor's 3/20/2020 press release:

All DPR Facilities, including recreation centers, aquatic centers, and playgrounds, as well as gated parks and athletic fields, will be closed through April 26, 2020, and all programs, services, activities, events, and permits (indoor and outdoor) have been cancelled. Dog Parks remain open.

Department of Employment Services

All Department of Employment Services (DOES) program participation is suspended, including trainings, information sessions, testing, and classes through Monday, April 27, 2020. We will continue to provide some services as usual. However, there will be changes to how other services are provided.

- **Office of Unemployment Compensation** remains operational, with staff on-hand to process unemployment claims, receive unemployment tax payments, and respond to inquiries.
- **Office of Workers' Compensation** remains operational, with staff on-hand to process workers' compensation claims and respond to inquiries.
- Customer Navigation Center remains open to respond to inquiries and provide information Monday – Friday from 8:30 am – 4:30 pm.
- **Mayor Marion Barry Summer Youth Employment Program** participants that have not yet certified, will be notified by email, text on how to submit certification documents via the portal. Certification has been extended until April 15, 2020.
- **Administrative Hearings Division and Compensation Review Board** have suspended all hearings until after April 24, 2020. They will resume on or after April 27, 2020.
- **Classes and Trainings** – all trainings, classes, testing, and information sessions – suspended from March 16- April 24, 2020. They will resume on or after April 27, 2020.

Department of Employment Services

The DC Infrastructure Academy (DCIA) and all American Job Centers will be closed from Monday, March 16 – Monday, April 27, 2020. Please do not report to DCIA, DOES, an American Job Center or satellite locations.

Resources

- **Unemployment Insurance Benefit Claims** – Residents can visit the DOES website does.dc.gov, or call the Customer Navigation Center at 202-724-7000, for information on DOES services and to file unemployment insurance claims.
- **Workers' Compensation Claims** – Residents can submit a claim by visiting the DOES website: does.dc.gov.

For questions about any of the services we provide and information on any future changes, please contact us at 202-724-7000. For more information, please visit coronavirus.dc.gov.

DC Public Schools

- All schools will be closed from March 16 through April 24.
- Beginning March 24, students will participate in distance learning, and classes will resume on Monday, April 27.
 - The Early Childhood Instructional team has developed excellent distance learning materials and resources that have been delivered to all schools in hard copy form, and they are also available [online](#) through our Canvas site, and they have all been translated.
 - Schools are open with a very small staff each day so that parents can pick up their packets if they prefer hard copy.
 - The instructional team is currently expanding these resources and developing more materials now that our school closure has been extended. Materials can be found [here](#), and this [video](#) has been shared with parents to walk them through the distance learning process and resources. (Video is also available in Spanish.) Teachers are available to families via phone calls, texts, webchats, etc. each day.

DC Public Schools

- Our family services team is contacting families regularly to check in, and following up even more closely with families with greater case management needs. They are currently developing plans for dealing with increasing family needs (housing insecurity, food insecurity, etc.) as this continues.
- Meals will be available for students every weekday at sites across the district. [Visit this link and select, Meal Locations for All DC Students, for more information](#). Meal service times may vary.

For more information, please visit dcps.dc.gov/coronavirus.

Department of Behavioral Health

- Our providers continue to offer behavioral health services, some by telehealth only.
- DBH also has a warm line for anyone to call with behavioral health concerns 1-877- WE-HELP or 1-877-793-4357.

DC Public Library

DC Public Library has compiled a list of great resources that will help your student succeed.

The Library at Home

Visit dclibrary.org/libraryathome:

- Get a library card for 90-day access to digital content
- Find simple directions for STEAM and early literacy activities with household items
- Watch Facebook live virtual story times every weekday at 10:30 am
- Find resources to support homeschooling and distance learning

DC Public Library

24/7 access to digital books, audiobooks, activities

- dclibrary.overdrive.com/library/kids/: ebooks and audiobooks for children
- dclibrary.org/kids/videobooks: video story books, games, and learning
- dclibrary.org/readyrosie: parents + caregivers - register for free video tips on how to incorporate learning into everyday activities for young learners

DC Public Library

Library Expertise at Home

- dclibrary.org/kids/booklists: book recommendations by age, topic, and award winners for youth from library staff
- dclibrary.org/STAR: learn about early literacy practices and how you can sing, talk and read together at home to help young learners
- dclibrary.org/kids/technology: guidance on technology use and recommended digital content for young children

DC American Academy of Pediatrics

DC AAP is working to keep members up to date with the latest local and national information. At our meeting last Thursday, we discussed COVID in detail.

- One concern that came up is that some families are reporting that stores are out of infant formula. We are working with community partners to make sure our families have access to infant formula.
- Our physicians have many questions about telehealth and COVID testing and they are worried about the financial implications of COVID.
- DC AAP is still holding a virtual Spring Symposium on the Census 2020 on 3/30.

DC American Academy of Pediatrics

AAP has created a webpage on COVID-19 for real time information. There are great resources for providers. Specifically, visit “Resources for Clinicians” to find three video/powerpoint presentations that target pediatricians responding to this COVID-19 crisis.

- Disaster Management for the Pediatrician in the COVID-19 Response
- COVID-19 Pandemic – Clinical Guidance for Pediatric Practices
- Talking to and Supporting Children During a Pandemic



For more information, please visit <http://aapdc.org/>.

Additional Comments?

Meeting Materials



Thrive by Five Coordinating Council meeting materials are available via OneDrive.

Included, you will find:

- Thrive by Five Coordinating Council’s Establishment Order
- Council Meetings folder
 - Contains meeting agendas, minutes, presentations, and other relevant one-pagers
- DC Government Reports
- Other Reference Materials
 - Currently contains DCPCA’s Human-Centered Approach to Improve Reproductive and Maternal Health Outcomes in Washington, D.C.

Reminder: Future Meeting Dates

**Thrive by Five Coordinating
Council meeting dates
usually fall on **Wednesdays**.**

Date: May 27, 2020

Time: 3-5 pm

Location: Citywide Conference Center at One Judiciary Square*

Date: July 29, 2020

Time: 3-5 pm

Location: Citywide Conference Center at One Judiciary Square*

Date: September 9, 2020

Time: 3-5 pm

Location: Citywide Conference Center at One Judiciary Square*

Date: October 28, 2020

Time: 3-5 pm

Location: Citywide Conference Center at One Judiciary Square*

Date: December 16, 2020

Time: 3-5 pm

Location: Citywide Conference Center at One Judiciary Square*

Thank you!

Website: thrivebyfive.dc.gov

Email address: thrivebyfive@dc.gov

Twitter/Instagram: [@thrivebyfiveDC](https://twitter.com/thrivebyfiveDC)